



Bhutan Himalayan Holidays

YOUR TRAVEL PARTNER TO BHUTAN · LICENSED BY THE DEPARTMENT OF TOURISM, BHUTAN ·
SINCE 2008

+975 17111964 (WhatsApp)

tshewang.penjor@gmail.com

WeChat: bhutan2028

bhutanculturaltravel.com

TREK · BHUTAN

Jomolhari Base Camp Trek

Seven days on the Yaktsa route to Jangothang, camped beneath the 7,326 m face of Jomolhari, with yak herders, blue sheep and high passes on the way out.



7 Days

Duration



Paro · Jangothang

Route



Challenging

Difficulty



Mar–May · Sep–Nov

Best season

About this trip

Bhutan's classic high trek. There are no teahouses — you walk with a full camp crew, pack ponies and a licensed guide, and camp at Jangothang directly under the north face of Jomolhari. Some days you will not meet anybody who is not a yak herder.

Day by day

DAY 1 Paro · Drukgyel Dzong → Shana

Drive to the ruined Drukgyel Dzong and start walking up the Paro Chhu. An easy first day through farmland and blue pine.



DAY 2 Shana → Soi Thangthangkha

A long day following the river, crossing into narrower forest. First glimpse of Jomolhari at camp if the cloud lifts.

DAY 3 Soi Thangthangkha → Jangothang

Above the treeline into yak pasture. Camp at 4,080 m with the mountain filling the head of the valley.



DAY 4 Jangothang · acclimatisation day

A rest day that is not restful — day hikes to the glacial lakes or up the ridge for blue sheep and the Jichu Drake view.



• **DAY 5** Jangothang → Lingshi

Over the Nyile La at 4,870 m, the highest point of the trek, then down to Lingshi and its dzong on the bluff.

• **DAY 6** Lingshi → Shodu

Long day over the Yeli La, with the Himalayan skyline behind you for most of the morning.

• **DAY 7** Shodu → Barshong → Thimphu

Down through rhododendron and fir to the road head, and a transfer to Thimphu for the first hot shower in a week.



What's included

- ✓ All accommodation on a twin-sharing basis
- ✓ All meals — breakfast, lunch and dinner
- ✓ A licensed English-speaking Bhutanese guide throughout
- ✓ Private vehicle and experienced driver
- ✓ All internal transport and road permits
- ✓ The Sustainable Development Fee
- ✓ Bhutan visa processing and fee
- ✓ All monument and museum entry fees
- ✓ Bottled water each day

Not included

- International flights to and from Paro
- Travel and medical insurance
- Personal expenses, laundry and drinks
- Tips for your guide and driver
- Anything not listed under what's included

Frequently asked questions

How many days are required for Bhutan tour Packages?

At least 6 days are required for Bhutan tour packages if you want to visit popular tourist attractions in Bhutan. You will get a chance of visiting Paro, Thimphu, and Punakha. 6 Nights and 7 days are required if you want to visit Phubjikha Valley or Haa Valley if you want to experience rural life and check out a hot stone bath. If you want to visit the central part of Bhutan, which is also a beautiful place in Bhutan to visit. In fact, the domestic flight is connected to Bumthang for minimizing time.

For trekking in Bhutan you are required a minimum of 6 days for undergoing a light trek in Bhutan. The maximum duration of trekking in Bhutan is 24 days.

Will I encounter altitude sickness in Bhutan?

Most of the tourist places in Bhutan are above 2000 meters above sea level. You will encounter altitude sickness in Bhutan if you come from low-altitude areas.

Few places like Wangdue and Punakha are under 1350 meters. Most people encounter altitude sickness in Bhutan after they cross 3000 meters. Bumthang, Phubjikha Glaciell Valley, and passes in Bhutan are above 3000 meters above sea level.

While on trekking in Bhutan you will reach up to 5000 meters above sea level. It is better if you under a medical check-up and do medical insurance before you travel to Bhutan.

Do I need to tip in Bhutan?

Tipping is recommended, while you travel in Bhutan. While on Tour or Trekking, many individuals are involved for you. As per the terms and conditions of your agency, it is not compulsory to tip in Bhutan. Drivers, tour guides, waiters, and other local people will serve you because of the standard of living of people. As in the tourism Industry, it is better to tip them and get better service on your end.

While trekking in Bhutan you contact with porters and cooks, and they need to carry your things, food, and cooking utensils during the Trekking.

How to apply Visa for Bhutan?

Your Bhutan Tour agency will guide you till you get a Bhutan visa. Bhutan Tour packages with quoted prices will be provided to you after communicating with you. All finalization of price and services provide to the client, the required documents(filled-up Visa form, passport color size photo, passport scan copy, Student ID if you are a student and applying for a discount of 25% for tour and flight tickets) will be asked by your tour agency. Bhutan government lay minimum daily packages for clients (International tourists and regional tourists).

Bhutan flights ticked for round trip will be added with your Bhutan Tour. You can also buy Bhutan flight tickets online. The Electronic visa is applied by your tour agency and the Department of Tourism required 7 working days to process Bhutan Visa.

It is not difficult for processing a tourist visa in Bhutan. Bhutan Government don't allow tourist to travel to Bhutan on their own like other countries.

What cuisines do you get in Bhutan?

The most common cuisine you get in Bhutan is beef, pork, vegetable, and rice is a common food in Bhutan. Bhutan vegetable is purely organic. Most hotels in Bhutan provide organic vegetables. But during winter Bhutan depend upon India's imports of Agricultural and Food items.

Both Western and local cuisines are available in Bhutan. Bhutanese love to eat chilly. The most common cuisine is Ema Datsi. The most common cuisine served in Bhutan is international and local cuisine. It served buffet style in many hotels and restaurants in Bhutan

How to travel to Bhutan?

The best way to travel to Bhutan is by Bhutan flights from Thailand, India, Nepal, Bangladesh, or Singapore. Druk Air, the Royal Bhutan Airlines are the only Bhutan Flights to operate the sector. Your Tour tour agency will guide you in buying Bhutan Air tickets.

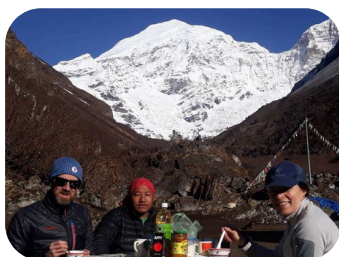
The most frequent sectors in which Bhutan flights operate are Delhi, Mumbai, Kolkata, Bagdogra, Gaya, and Guwahati. Other Cities, where there are flights to Bhutan, are Bangkok (Thailand), Kathmandu (Nepal), Dhaka (Bangladesh), and Singapore. Airports in Bhutan, where Paro airport is the principal international airport, and rest three are domestic airports. Very soon Bumthang Airport will upgrade to an international airport.

Tourists can also travel to Bhutan from Nepal and India by road, but the condition of the roads is not good compared to your road network outside. We recommend traveling to Bhutan by Bhutan flights.

When is the best time to travel to Bhutan?

The best times to travel to Bhutan is during the Spring season (March, April, May), and autumn season(September and October). Most tourist place in Bhutan is above 2000 meters above sea level. During the Season it is cold. But November is a bit cold but December and January will be cold. The southern foothills of Bhutan are only around 1500 meters above sea level. The climate is very wet and hot but during winter is good enough to travel. But the Southern foothills are not a tourist place in Bhutan.

Gallery



Ready to plan Jomolhari Base Camp Trek?

Tell us your dates and how many are travelling, and we will send a full itinerary and an all-inclusive quote. Rates follow Bhutan's government tariff.

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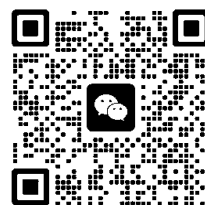
bhutan2028

EMAIL

tshewang.penkor@gmail.com

WEB

bhutanculturaltravel.com



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