



Bhutan Himalayan Holidays

YOUR TRAVEL PARTNER TO BHUTAN · LICENSED BY THE DEPARTMENT OF TOURISM, BHUTAN ·
SINCE 2008

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TREK · BHUTAN

Bumdra Trek

Two days, a ridge camp above the clouds, and a descent next morning that drops you straight onto the roof of the Tiger's Nest.



2 Days

Duration



Paro · ridge camp

Route



Moderate

Difficulty



Mar–May · Sep–Nov

Best season

About this trip

The best short trek in Bhutan, and the most satisfying way to reach Taktsang. You climb through forest to a camp on the ridge at about 3,800 m, watch the cloud fill the valley below you, and next morning walk down onto the Tiger's Nest from above rather than up to it.

Day by day

DAY 1 Paro → Bumdra camp

Drive to Sang Chokhor, then climb through blue pine and rhododendron to the meadow camp on the ridge. Around four hours' walking.



● **DAY 2** Bumdra → Taktsang → Paro

Down past Zangto Pelri to arrive at the Tiger's Nest from above, then the regular path down to the road.



What's included

- ✓ All accommodation on a twin-sharing basis
- ✓ All meals — breakfast, lunch and dinner
- ✓ A licensed English-speaking Bhutanese guide throughout
- ✓ Private vehicle and experienced driver
- ✓ All internal transport and road permits
- ✓ The Sustainable Development Fee
- ✓ Bhutan visa processing and fee
- ✓ All monument and museum entry fees
- ✓ Bottled water each day

Not included

- International flights to and from Paro
- Travel and medical insurance
- Personal expenses, laundry and drinks
- Tips for your guide and driver
- Anything not listed under what's included

Frequently asked questions

What is the distance of the trek?

It takes a 3-4 hour hike from Shangchoekor Buddhist College. It depends upon your hiking skills. Total time taken including camping, is one night and 2 days. After camping in Bumdra, you have to trek towards Taksang Monastery. The visit to Taksang Monastery is iconic for Buddhists.

How to Plan the Trek?

Planning the trek to the Bumdra needs to be done in advance for tourists, locals, and regional tourist. For international tourists and regional tourists is mandatory to contact a tour agency from Bhutan. You can hike and trek in Bhutan without getting a permit. Tour agents in Bhutan will handle all logistics including your permit and provide you with 5-star rated service.

How to Reach Bumdra Monastery?

Finding the best way to reach the Bumdra Monastery is key for a successful trek.

You have three routes to reach the campsite and the Bumdra Monastery. The first and best route is from Shang Choekor Buddhist College, 2nd route is from Paro Taksang Monastery, 3rd route is from Shari. Most of the visitors prefer the college. It is nearly 3-4 hours from the best route to Shang Choekhor College. Now Royal Bhutan Helicopter

Service Pvt. Ltd provides the service if you can't visit by trekking. It takes 15 Minutes helicopter ride to the campsite.

What you can see at the Trek?

You can visit the Choetshe Monastery on the way. Bumdra Monastery on the rock cliff above the campsite, the blue clear sky during the fall season, Photography enthusiasts can spend time with shots,

The unique sights along the Bumdra Trek are sure to enrich your journey.

Taksang Monastery while you are returning back from the campsite -2nd day of the trek. You can see also holy streams. You can see Guru Rimpoche's meditation cave, where a lot of angels came to feed him with food, clothes and sang beautiful songs. Angels were allowed by Guru Rimpoche to leave footprints on the rocks.

People of Paro used to keep corpses of dead bodies on the three mountain tops to be fed by vultures. Now people don't take the bodies there because of the crematoriums in Paro Valley. Now the spots are good enough spots for tourists to take pictures and hoist prayer flags. You can still see the hat of Guru Rimpoche on the spot. You can have a horse ride if you get permission from horses who are kept for carrying your food items and tents.

How to go to Paro Tigers Nest during the trek?

After one night at the campsite, you can take the route to Tigers Nest Monastery from the base camp towards Paro Valley. You can also visit Ugyentse Lhakhang while trailing down to the Tiger's Nest Monastery.

You Can Travel to Bhutan Now?

Ensure you are informed about current travel protocols for the Bumdra Trek to plan accordingly.

Gallery



Ready to plan Bumdra Trek?

Tell us your dates and how many are travelling, and we will send a full itinerary and an all-inclusive quote. Rates follow Bhutan's government tariff.

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