



Bhutan Himalayan Holidays

YOUR TRAVEL PARTNER TO BHUTAN · LICENSED BY THE DEPARTMENT OF TOURISM, BHUTAN ·
SINCE 2008

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TOURS & TREKS

Snowman Trek

2022 Snowman trek is difficult and toughest in the world. It is 16 days trek crossing highest mountains of Bhutan measuring with 5000 meters and above.

DAY BY DAY

The *itinerary*

DAY 17 Gangkhar Phuntsum Base Camp

Rest day at the base camp, enjoying the great views.

DAY 18 Gangkhar Phuntsum Base Camp – Geshe Woma

Today's trail follows along the Sha Chu and descends to Geshe Woma (4,200m) where we camp.

• **DAY 19** Gese Woma – Warathang

18 km, 8-9 hours The path continues along the course of the Sha Chu until the climb to Saka-La Pass (4,800m). Visibility is poor along this part of the trail, so we must keep watching the top of the ridge in order to stay on course. Enjoy stunning views of small lakes spread below towering peaks. We camp at 4,000m.

• **DAY 20** Warathang – Dhur Tshachu

14 km, 5 hours A short half hour climb take us up to Juli-La (4,400m) before descending to the riverside through dense rhododendron, Juniper and conifer forests. We then cross a bridge and after a short climb reach Dhur Tshachu hot spring, where legend has it that Guru Padmasambhava bathed in the 8th century.

• **DAY 21** Duer Tshachu – Tshochemchem

16 km, 8-9 hours From the spring, it is a long and steady climb upwards, with great views of the mountains in Lunana. Eventually the ground levels out, and we see several beautiful deep blue lakes, yaks grazing on the surrounding Pasture, and yak herder's camp (3,850m).

• **DAY 22** Tshochemchem – Bumthang

21 km, 13 hours This is the last day of the trek. We must set off very early in order to reach Bumthang before dark. The path follows the Chamkhar Chu, descending gradually with few climbs. The trek ends when we reach Dhur village, where transport will meet us and drive us to the lodge in Bumthang (Jakar). Note: Unless very fit, it is best to spread this final stage over 2 Days.

• **DAY 23** Bumthang

Bumthang is the spiritual and cultural heartland of Bhutan. Spend the day exploring the some of Bumthang's sacred sights including Kurje Lhakhang , home to a rock featuring the imprint of Guru Rimpoche's body, Jambay Lhakhang (7th century) and Jakar Dzong. Also

visit Tamshing Monastery housing some of the oldest wall paintings in Bhutan. Overnight at your guesthouse in Bumthang.

DAY 24 Bumthang – Trongsa

The journey to Trongsa takes approximately 3 hours. Trongsa is the ancestral home of Bhutan's ruling dynasty. After lunch on arrival, visit Trongsa Dzong, a masterpiece of Bhutanese architecture. Trongsa is the largest Dzong in Bhutan and the location of where the institution of monarchy in Bhutan began. Also visit the Ta Dzong located on the hill overlooking the Dzong. Overnight at your hotel in Trongsa.

DAY 25 Trongsa – Paro

After breakfast, depart for Paro. On arrival, enjoy a stroll through the Paro township. Overnight at your hotel in Paro.

DAY 26 Paro

After breakfast hike to Taktsang Monastery, walking approximately 1.5 to 2 hours uphill. The view of Taktsang Monastery built on a sheer cliff face 900 metres above the valley floor is spectacular. Afterwards visit 7th Century Kyichu Lhakhang. Overnight at your hotel in Paro.

DAY 27 Depart Paro

Breakfast in the hotel, then drive to the airport for flight to your onward destination.

Days 1–16 are not listed here — ask us for the full day-by-day itinerary.

— THE DETAIL —

What the price *covers*

Rates follow Bhutan's government tariff — see the daily package rate and SDF.

Ready to plan Snowman Trek?

Tell us your dates and how many are travelling, and we will send a full itinerary and an all-inclusive quote. Rates follow Bhutan's government tariff.

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