



Bhutan Himalayan Holidays

YOUR TRAVEL PARTNER TO BHUTAN · LICENSED BY THE DEPARTMENT OF TOURISM, BHUTAN ·
SINCE 2008

+975 17111964 (WhatsApp)

tshewang.penjor@gmail.com

WeChat: bhutan2028

bhutanculturaltravel.com

TOURS & TREKS

Bhutan Biking

All about Bhutan Biking Tours for 13 days. Visiting important places in Bhutan with mountain bikes touring high himalayan passess with professional team.

DAY BY DAY

The *itinerary*

DAY 5 Punakha to Trongsa

Enjoy exploring the bustling market town of Wangduephodrang before visiting Wangduephodrang Dzong. Built in 1639 the strategically located Dzong is perched on a spur at the confluence of two rivers. Drive over the Pele La pass (3,420m) on the Black Mountain range, which divide western and central Bhutan. White langur monkeys can often be spotted in the moss-draped forests in this area. Further on, in silent isolation surrounded by great forested hills is beautiful Chendibji Chorten built in the 18th Century to commemorate the subjugation of a local demon. It is built in a style unusual for Bhutan,

with painted eyes facing the four directions. The imposing Trongsa Dzong can be viewed across a deep canyon to signal your approach to the town around a curving road. Overnight at your hotel in Trongsa.

DAY 6 Trongsa to Bumthang

After breakfast visit Trongsa Dzong, a masterpiece of Bhutanese architecture. Trongsa has the largest Dzong in Bhutan and its foundations were laid in the 16th Century. There are now 22 temples in the complex. After light refreshments begin the drive to Bumthang, one of the most spectacular valleys in Bhutan and also the spiritual heartland of the kingdom. The road climbs rapidly up a series of hairpin turns out of Trongsa. After passing through cultivated fields and forested hillsides you will reach the Yutung La Pass (3400m). From here ride down through a dense, beautiful coniferous forest to a wide, cultivated valley known as Chummey valley before continuing on in the soft afternoon light to the town of Jakar. Overnight at your lodge in Jakar, Bumthang.

DAY 7 Bumthang

In the morning visit Kurjey Lhakhang, one of the most sacred places in the kingdom where Bhutan's patron saint Guru Rimpoche meditated and 7th century Jambay Lhakhang. It dates back to the origins of Buddhism in Bhutan and is one of the Kingdoms oldest temples. After lunch, visit Jakar Dzong and Tamshing Lhakhang, founded in 1501 by Pemalingpa and containing interesting and ancient Buddhist wall paintings. Afterwards enjoy exploring the village of Jakar, Bumthang's main township. Overnight at your lodge in Jakar, Bumthang.

DAY 8 Bumthang- to Ura-Bumthang

Cycle to the Ura Valley, approx 69 kms from Jakar. The ride begins with a height gain of 900 metres over almost 40 kilometres to the Shertang La pass. The Ura Valley, on the far side, is the highest of the Bumthang Valleys. Extensive pastures line the road and just before the pass there is a panoramic view of the mountains of Lunana. Descend from the pass on long looping roads through pastureland and fields to Ura village. Enjoy some sightseeing in Ura Valley before driving back to Bumthang. Overnight at your lodge in Jakar, Bumthang.

DAY 9 Bumthang to Punakha

Drive back to Punakha, stopping at Trongsa for lunch. There will be opportunities to ride along various stretches of road if desired. Overnight at your hotel in Punakha.

DAY 10 Punakha -Thimphu

Enjoy a leisurely ride of about 12 kms to reach Khamsum Yulley Namgyal Chorten situated on a beautiful hillock. It houses paintings belonging to Nyingmapa Traditions. Take a picnic lunch on a picturesque riverside before riding back to Punakha. Afterwards, drive for Thimphu. Overnight at your hotel in Thimphu.

DAY 11 Thimphu to Paro

After breakfast you can either begin riding back to Paro, or elect to drive there later to allow time to stroll around Thimphu. If it's the weekend, you can walk through the market to see the variety of food of Bhutan, including basket upon basket of fiery chillies, fresh cheese and a variety of fresh greens. In addition, many stalls contain Bhutanese handicrafts and household items. On arrival in Paro, check into the hotel. Overnight at your hotel in Paro.

DAY 12 Paro-Taksang Hike

After breakfast hike to Taktsang Monastery. The walk of approximately 1.5 to 2 hours uphill takes you almost a kilometre above the Paro valley floor (for those who cannot hike we will arrange a horse for transfer up to cafeteria). The view of Taktsang Monastery built on a sheer cliff face 900 metres above the valley floor is a spectacular sight. The Monastery is also an important pilgrim site for the Buddhists. The great Guru Rimpoche is said to have flown here on the back of a tigress when he brought the teachings of the Buddhist Dharma to Bhutan in the 8th Century. Nearby there is a teahouse where you can stop for refreshments before returning to Paro for lunch. In the afternoon drive or ride the relatively flat road to the ruins of the 17th Century Drukgyel Dzong, built to commemorate a victory against invading Tibetans in 1644. In fine weather the towering peak of the sacred Mount Jomolhari (7314m) appears as a stunning backdrop. On the return drive to Paro, visit 7th Century Kyichu Lhakhang, one of the 108 temples constructed by the Tibetan king

Songtsen Gampo. Alternatively, day 12 could be spent on a day trip to the Haa Valley, one of the most picturesque districts in Bhutan. Reached via the beautiful Chelila Pass, Haa Valley is characterised by its surrounding rugged and mountainous terrain. On the return to Paro, you may choose to ride the exhilarating downhill run from Chelila Pass. Overnight at your hotel in Paro.

DAY 13 Departure

Breakfast in the hotel, then drive to the airport for flight to your onward destination.

Days 1–4 are not listed here — ask us for the full day-by-day itinerary.

— THE DETAIL —

What the price *covers*

Rates follow Bhutan's government tariff — see the daily package rate and SDF.

Ready to plan Bhutan Biking?

Tell us your dates and how many are travelling, and we will send a full itinerary and an all-inclusive quote. Rates follow Bhutan's government tariff.

WHATSAPP / CALL

+975 17111964

WECHAT

bhutan2028

EMAIL

tshewang.penjor@gmail.com

WEB

bhutanculturaltravel.com



Scan to chat on WeChat